

Raymond Terrace Athletics Centre

Newsletter 10 November 11, 2017

www.raymondterraceathletics.com.au

THIS MORNING WE ARE HAVING A SHORT SPECIAL GENERAL MEETING

While our athletes warm up, we are having a quick Special General meeting to accept our new Constitution. This new Constitution and its acceptance is a legal requirement.

TODAY IS PROGRAM WEEK 3

LAST WEEK'S CANCELLATION BROKE OUR RUN OF CONSECUTIVE MEETS

It's been 10 years since we were able to hold this many consecutive meets at the beginning of the season!

OUR HANDBOOKS ARE FINALLY IN!

There are a limited number of "hard" copies on the table. It is on our website in colour, so please check it out. The rest of the season calendar is there; and information on Zone, Region and State, Presentation Day and awards as well as the local businesses that have advertised to help us pay for the printing. Please support these businesses whenever you can and remember to mention their ad.

TODAY'S CANTEEN HELPERS

From 9 till 9:45 - parent of Eden & Ivye Hall (U10, U12), 9:45 till 10:30 - parent of Jack Kenny (U15).

CANTEEN ROSTER

On the verandah table is finally a copy of the canteen roster that will take us up to the first week back in 2018. Take a copy and check if you are rostered on for one of the weeks. Please organize a swap if you are unable to do the duty. See Deidre with any concerns.

OUR PENTATHLON

The weather was great and we had athletes from Sydney, Central Coast, Cessnock and various Newcastle clubs. Technology was unfortunately not on our side, with the computer program uncooperative with adding scores which resulted in a lot of progressive score print-outs not happening, both our multi stop watches failing towards the end; and then the sprinkler system coming on just before the end of our presentation of medals!! Despite those unexpected happenings, the carnival went well, all medals were eventually presented; and everyone was incredibly understanding of the computer hold-up. Our athletes are to be congratulated for their fine efforts, as are our parents who jumped in and lent a hand when needed. Barbara was able to sort the computer glitches through the week and get the results onto our website.

PENTATHLON RESULTS

Congratulations to our athletes:

U6 – Mila Clarke 3rd – 3255,

U7 – Branxton Clarke 7th – 2380, **Olivia Mackaway** 5th – 2748, **Mia Hostler** 6th – 2304,

U8 – Sally Morgan 1st – 2628, **Kaydence Hostler** 2nd – 2434, **Georgia Purukamu** 8th – 1693,

U9 – Abigail Mackaway 4th – 2410, **Bela Clarke** 5th – 2309,

U10 – Ashton Morrissey 3rd – 3181, **Max Purukamu** 8th – 2172, **Amelia Said** 1st – 3185, **Dixie Conlon** 2nd – 3002, **Ashlyn Wall** 4th – 2767, **Evie Purukamu** 7th – 2376, **Chelsea Morgan** 10th – 2285, **Grace Moore** 12th – 2264,

U11 – Charlie Hostler 8th – 2579, **Max Haynes** 9th – 2425, **Riley Irvine** 10th – 2327, **Charlie Carroll** 11th – 2229, **Hayden Clarke** 12th – 2047, **Sienna Newton** 1st – 3424,

U12 – Lachlan Mackaway 2nd – 2604, **James Jacobs** 5th – 1930, **Keira McGregor** 1st – 3244,

U13 – Harper Collins 2nd – 2720, **Tyler Clarke** 3rd – 2611, **Ebony Newton** 2nd – 3520,

U14 – Rhianna Brooker 1st – 2893, **Chelsea Terranova** 6th – 1135,

U15 – Owen Oquendo 2nd – 3401, **Nathan Swan** 4th – 3204, **Cooper Collins** 5th – 2980,
U17 – Gemma Hancock 2nd – 3051, **Ellen Ditton** 4th – 2459,
U20 – Kirra Terranova 1st – 1303 (3 events), **Masters 30-39 – Katie Drosd** 2nd, **Scott Clarke** 1st – 2467,

SHOOSH FOR KIDS WEEK

Last week was Shoosh For Kids Week, which is a collaborative effort between the Office of Sport and Little Athletics to promote **positive behaviour towards our athletes and Officials**. It's an initiative we would like to continue throughout our season and beyond. Sport should be fun and comments should be supportive and encouraging. Every non-athlete on our field is a volunteer who should be able to enjoy their time on the field.

HAVE A BANANA!

Thanks to Coles, Medowie we again have some yummy bananas and will continue to do so until the end of our season. Enjoy!

COLES PATCHES ARE IN

All of our Little Athletes will be given a Coles patch which needs to be attached to the right shoulder of their uniform top. We have to order small ones for the girls' crop tops.

ZONE ENTRIES CLOSE NEXT SATURDAY

See Barbara with your entries and refundable deposit. **For our U6's and athletes U20 and older, there will be no Centre Meet on December 9** at Port Stephens Athletics Centre, Dick Burwell Oval, Tomaree Sports Complex, Salamander Bay.

PLEASE RETURN YOUR FREDDO MONEY

Katie would like to finalise our Freddo fundraiser, so please bring in your money as soon as possible. We appreciate your support.

NEW RECORDS FOR OCTOBER 28, 2017

Duncan Akerman	U17 SP	12.70m
David Pisch	Masters 50-59yrs 3000m	13-33.5
David Marsh	Masters 70-79yr Discus	23.11m

UPCOMING EVENTS:

Sat 18 Nov	Centre Meet
Sat 25 Nov	Centre Meet
Sat 2 Dec	Round 2 Centre Championships
Sat 9 Dec	NO CENTRE MEET
Sat 9 – Sun 10 Dec	Port Hunter Zone LA Champs
Sat 16 Dec	Final Centre Meet for 2017 with a visit from a jolly man in a red suit!
Sat Jan 13	First Centre meet for 2018

BUSINESS OF THE WEEK: Please support the businesses that support us:

Mass Nutrition – is one of our new local supporters that isn't anything like a lot of people might expect of similar nutritional businesses. Mass Nutrition specialises in nutritional advice, weight loss, protein, muscle gain, intra workout, training advice, inbody scans and clothing. They are qualified nutritionists who are actively involved in the community and conduct nutritional seminars for various sports and schools. They are open Mon to Fri from 10 till 5 and Saturdays from 10 till 3. Call them on 4987 2540 with any enquiries and mention their ad for a 10% discount store wide. Their ad is on the inside front cover of our Handbook.

Raymond Terrace Bowling Club

Proud to be supporting Raymond Terrace Athletics Centre