

# Raymond Terrace Athletics Centre

## Newsletter 15 January 13, 2018

[www.raymondterraceathletics.com.au](http://www.raymondterraceathletics.com.au)

### WELCOME TO PART 2 OF OUR SEASON!

There are just 8 meets to go! We hope everyone had a safe and enjoyable break, although short, and a wonderful Christmas and New Year.

### TODAY IS ROUND 1

### TODAY'S CANTEEN ROSTER

From 9 till 9:45 – McKimm family (U7, U11), 9:45 till 10:30 – Bray family U15, U17)

### CANTEEN ROSTER FOR JANUARY 20

From 9 till 9:45 – Turton family (U12) 9:45 till 10:30 – Nicho family (U9)

### HAVE YOU ORDERED PHOTOS FROM ZONE?

Just a reminder if you have forgotten to order. The website is [www.geosnapshot.com/e/port-hunter-zone-athletics-carnival](http://www.geosnapshot.com/e/port-hunter-zone-athletics-carnival).; and password is PHZ2017.

### WE'D LIKE PHOTOS FOR OUR WEBSITE

If you buy any photos from Geosnap, or have some good ones you took yourself, we'd like to include them in a Zone gallery on our website. See Deidre if you are interested and we'll organise how you can download them for us to use.

### ZONE RESULTS AND QUALIFIERS

Congratulations to all of our athletes for such fine performances at Zone. **Olivia Mackaway** was our U7 medal winner. The U7's do not progress to Region. Record breakers were **U11 Nathan Morrissey**, **U12 Keira McGregor (2)**, **U17 Belle Leonard (2)**, **Duncan Akerman (2)**, **Victoria Allen** and **Thomas Jenkinson**. We have 45 athletes who have qualified to compete in 131 events at Region.

**U7 – Olivia Mackaway** – Bronze 50m, 4<sup>th</sup> 100m, 6<sup>th</sup> 500m, **Branxton Clarke** – 4<sup>th</sup> 100m, 5<sup>th</sup> 70m and SP, 6<sup>th</sup> Disc,

**U8 – Kaydence Hostler** – 2<sup>nd</sup> 100m and LJ, 3<sup>rd</sup> Disc, 4<sup>th</sup> SP, **Thomas McKenna** – 7<sup>th</sup> 60H,

**U9 – Bela Clarke** – 1<sup>st</sup> LJ, 2<sup>nd</sup> 400m, 3<sup>rd</sup> 200m, **Angel Gray** – 1<sup>st</sup> Disc, 3<sup>rd</sup> 800m, 4<sup>th</sup> 400m, **Abigail Mackaway** – 1<sup>st</sup> SP, 2<sup>nd</sup> 60H, 3<sup>rd</sup> HJ, 7<sup>th</sup> 100m, **Benjamin Vetter** – 1<sup>st</sup> HJ, 2<sup>nd</sup> 800m and Disc, 4<sup>th</sup> LJ,

**U10 – Dixie Conlon** – 1<sup>st</sup> HJ, 2<sup>nd</sup> 200m, LJ and HJ, 3<sup>rd</sup> 400m, **Amelia Said** – 1<sup>st</sup> 400m, 2<sup>nd</sup> 800m and Disc, 3<sup>rd</sup> – SP, **Bela Clarke** – 2<sup>nd</sup> 400m, **Ashlyn Wall** – 1<sup>st</sup> 60H, 800m and 1500m, **Evie Purukamu** – 2<sup>nd</sup> 70m, 6<sup>th</sup> 100m, Disc and 60H, **Cooper McKenna** – 1<sup>st</sup> 200m, Disc and LJ, 3<sup>rd</sup> 100m, **Ashton Morrissey** – 1<sup>st</sup> HJ, 2<sup>nd</sup> SP, 4<sup>th</sup> 60H, 6<sup>th</sup> 100m, **Emerson Caffery** – 1<sup>st</sup> SP and 1100W, 3<sup>rd</sup> Disc, 5<sup>th</sup> LJ,

**U11 – Sienna Newton** – 1<sup>st</sup> 60H, 2<sup>nd</sup> 200m, 400m and LJ, **Ashleigh Vetter** – 1<sup>st</sup> 800m and LJ, 2<sup>nd</sup> 60H and HJ, **Max Haynes** – 1<sup>st</sup> 200m, 2<sup>nd</sup> 100m, and 400m, 4<sup>th</sup> TJ, **Riley Irvine** – 3<sup>rd</sup> 100m and Jav, 7<sup>th</sup> HJ, 8<sup>th</sup> Disc, **Nathan Morrissey** – 1<sup>st</sup> Disc and Jav (**Record**), 2<sup>nd</sup> 60H and SP, **Hayden Clarke** – 3<sup>rd</sup> HJ and SP, 4<sup>th</sup> Jav, 6<sup>th</sup> Disc,

**U12 – Keira McGregor** – 1<sup>st</sup> 100m, 200m, (**Record**), LJ (**Record**), TJ, **Hosanna Gray** – 1<sup>st</sup> Jav, 3<sup>rd</sup> SP, 4<sup>th</sup> 400m, **William Beal-Attwood** – 1<sup>st</sup> 200m, 2<sup>nd</sup> 100m, **Lachlan Mackaway** – 1<sup>st</sup> 400m and 1500m, 4<sup>th</sup> HJ, 7<sup>th</sup> 100m, **Kenan McGann** – 1<sup>st</sup> 60H, 5<sup>th</sup> 100m, 7<sup>th</sup> LJ,

**U13 – Ebony Newton** – 1<sup>st</sup> 100m and 80H, **Harper Collins** – 1<sup>st</sup> 100m, TJ, LJ and HJ, 4<sup>th</sup> Disc, **Tyler Clarke** – 1<sup>st</sup> 200m, Jav and 1500m, 2<sup>nd</sup> 400m, Disc and LJ,

**U14 – Grace Gray** – 1<sup>st</sup> 400m, 2<sup>nd</sup> 800m and 1500m, 5<sup>th</sup> TJ, **Alana Pisch** – 1<sup>st</sup> 80H, 2<sup>nd</sup> 3000m and TJ, 3<sup>rd</sup> 800m, 4<sup>th</sup> LJ, **Chelsea Terranova** – 3<sup>rd</sup> 80H, 5<sup>th</sup> SP, 6<sup>th</sup> LJ and TJ,

**U15 – Amy Summerville** – 1<sup>st</sup> 3000m, 2<sup>nd</sup> 800m, **Leila Inglis-Monk** – 1<sup>st</sup> TJ, Disc, Jav and SP, 3<sup>rd</sup> LJ, **Owen Oquendo** – 1<sup>st</sup> 300H, 2<sup>nd</sup> LJ, 3<sup>rd</sup> 100m, 4<sup>th</sup> 200m, **Nathan Swan** – 1<sup>st</sup> 800m and 1500m, 3<sup>rd</sup> Disc, **Thomas Bray** – 1<sup>st</sup> 100H, TJ, 2<sup>nd</sup> HJ, 4<sup>th</sup> 100m, **Cooper Collins** – 2<sup>nd</sup> 100H, Disc and SP, **U17 – Belle Leonard** – 1<sup>st</sup> 100m (**Record**), 300H (**Record**), 3<sup>rd</sup> SP, 4<sup>th</sup> 200m, **Alana Bednar** – 2<sup>nd</sup> 200m 3<sup>rd</sup> 100m, 4<sup>th</sup> TJ, **Gemma Hancock** – 2<sup>nd</sup> 400m, 3<sup>rd</sup> 300H, **Lucinda Bray** – 1<sup>st</sup> 1500m, 2<sup>nd</sup> 800m, 3<sup>rd</sup> 400m, 4<sup>th</sup> LJ, **Victoria Allen** – 1<sup>st</sup> TJ, 2<sup>nd</sup> 100H (**broke existing record**), 300H and HJ, **Kane Chester** – 1<sup>st</sup> 100m, 2<sup>nd</sup> 200m, 4<sup>th</sup> TJ, **Benjamin Edstein** – 1<sup>st</sup> 1500m and 3000m, 2<sup>nd</sup> 800m, **Bradley Marshall** – 1<sup>st</sup> 110H, 2<sup>nd</sup> 300H, **Duncan Akerman** – 1<sup>st</sup> SP (**Record**) and Disc (**Record**), **Thomas Jenkinson** – 3<sup>rd</sup> SP (**equalled existing record**) and Disc, 4<sup>th</sup> 200m, 4<sup>th</sup> LJ.

Our 4 **Relay Teams** have all qualified for Region:

- Junior Girls - 1<sup>st</sup> – **Bela Clarke, Sienna Newton, Dixie Conlon, Keira McGregor,**
- Senior Girls - 2<sup>nd</sup> – **Amy Summerville, Ebony Newton, Alana Pisch, Belle Leonard**
- Junior Boys - 1<sup>st</sup> – **Benjamin Vetter, Cooper McKenna, Max Haynes, William Beal-Attwood**
- Senior Boys - 1<sup>st</sup> – **Tyler Clarke, Harper Collins, Owen Oquendo, Kane Chester**

### **3 DAY REGION PROGRAM**

Check the noticeboard for the Region list of events for Feb 23 – 25. **There are Friday events beginning at 5pm that include: 700m walk and 1500m walk, 200m hurdles, 3000m, high jump, long jump, javelin, triple jump.**

### **NSW COUNTRY CHAMPIONSHIPS 26-28 JANUARY IN WOLLONGONG**

See the flyer for age groups and online entry details.

### **HUNTER TRACK CLASSIC COACHING CLINIC JANUARY 21**

Come experience the Hunter Track Classic Athletics Clinic for 2018! Coaches are both former and current Elite Athletes. You will be inspired during the Clinic participating in sessions with the Elite Athletes and Sports Specialists who are passionate, positive and professional and can help you improve and be a more inspired athlete. The clinic will provide the perfect environment to improve your skills and knowledge, meet new friends plus you will have loads of fun! Guest Speakers and plus Q and A Panel, 121 January 2018, - 9am to 12.30 at the Fearnley Dawes Centre Newcastle Athletics Field. Contact: Bronwyn ANSW **to register** your interest and local Hunter information 0427 596 849 or Youcef at Little Athletics NSW 0283551495. **Limited spots, so register ASAP.**

### **NSW JUNIOR CHAMPIONSHIPS FOR ATHLETES BORN BETWEEN 1999 AND 2006 INCLUSIVE**

See the flyer for age groups and online entry details. **If you wish to compete at Nationals, you MUST compete in at least 1 event at these Championships to be eligible to enter Nationals.** These Championships are your last opportunity to qualify for the Australian Junior Championships in March.

### **ZONE DEPOSITS CAN BE COLLECTED IF YOU WISH**

Thanks to our parents for your cooperation. The Committee has decided not to charge any deposits for Region if you did your duty. So see Barbara for a refund.

### **PROGRESSION FROM REGION TO STATE**

See the noticeboard for information on how athletes progress to Region and State.

### **WE HAVE A BIN FOR CANS AND WATER BOTTLES**

With the new Government recycling scheme, we are encouraging you to put your empty cans and bottles in the specially marked bin on the verandah.

### **NEW RECORDS FOR DECEMBER 16, 2017**

<b>Amy Summerville</b>	U15 800m	2-51.4
<b>Victoria Allen</b>	U17 SP	9.13m
<b>David Marsh</b>	Masters 70-79 Disc	23.26m

**UPCOMING EVENTS:**

<b>Sat 20 Jan</b>	<b>Centre Meet</b>	
Sat 20 Jan	Hunter Track Classic	Glendale
<b>Sun 21 Jan</b>	<b>Hunter Track Coaching Clinic</b>	<b>Newcastle Track</b>
<b>Mon 22 Jan</b>	<b>Entries close NSW Country Champs – 9am</b>	
Fri 26- Sun 28 Jan	NSW Country Champs	Wollongong
<b>Sat 27 Jan</b>	<b>Centre Meet</b>	
<b>Tues 30 Jan</b>	<b>Entries close NSW Junior Champs – 9am</b>	
Fri 2-Sun 4	ANSW Open	Homebush
<b>Sat 3 Feb</b>	<b>Centre Meet</b>	
Wed 7 Feb	Entries close LA State Multi	
Fri 9 – Sun 11	ANSW Junior Championships	Homebush
<b>Sun 11 Feb</b>	<b>Final date to qualify for Aust Junior Champs</b>	
<b>Sat 10 Feb</b>	<b>Centre Meet</b>	
Fri 16 – Sun 18	ANSW Open Champs & Selection Trials	Homebush
<b>Fri 23 – Sun 25</b>	<b>LA Region Championships</b>	<b>Mingara, Tumbi Umbi</b>
<b>Sat 24 Feb</b>	<b>Centre Meet TBA</b>	

**BUSINESS OF THE WEEK:** Please support the businesses that support us:

*Leo's Take Away* is located at the pedestrian crossing on William St. It's a family owned business that serves great fish and chips, wraps, hamburgers and much more. They have been a supporter of our Centre for years advertising with us and providing vouchers for our Presentation Day raffle. They're open 6 days a week from 8am till 7pm (7:30 on Fridays). Phone orders are welcome on 4987 1533 and their ad is on p64 of our Handbook.

## *Raymond Terrace Bowling Club*

Proud to be supporting Raymond Terrace Athletics Centre