Raymond Terrace Athletics Centre Newsletter 17 February 3, 2018

www.raymondterraceathletics.com.au

Cancellation No: 4983 1407

WELCOME BACK TO OUR FAMILIES WHO'VE BEEN ON HOLIDAYS

If this is your first week back this year, check the last couple of Newsletters for information you have missed like Zone deposit refunds, Zone photos; and Region information, including Friday night events.

TODAY IS ROUND 2

TODAY'S CANTEEN ROSTER

No-one was available

CANTEEN ROSTER FOR JANUARY 27

9 till 9:45 – Jones family (U9)

9:45 till 10:30 - Swan family (U15)

LA STATE MULTI ENTRIES CLOSE MONDAY AT 9AM

My apologies for this last minute notice, but I'm afraid this event has snuck up on me. The State Multi is for U7's to U17's and is being held at Jubilee Park, Wagga Wagga on March 3 & 4. Cost is \$20 or late entry fee of \$40 until Feb 12. U7's have 6 events, U15's to U17's have 7 events. There are medals for the first 3 place getters. Entries are online at www.lansw.com.au /competitions/championships.

NSW COUNTRY CHAMPIONSHIPS RESULTS

We had 7 of our athletes represent us in Wollongong for the NSW Country Championships over the Australia Day long weekend. They did incredibly well with some National Championships qualifying results also. Congratulations to: **U12 Sienna Newton** – Gold LJ, 100m; and 200m, and 6th 400m, **U14 Ebony Newton** – Gold 100m, 200m; and 200H, Silver 80H, **U16 Jack Kenny** – Gold Jav (Jack's throw was 48.32m, a winning margin of 16.16m!), **U17 Ellen Ditton** – Silver 100H, 4th TJ, 5th LJ, **U18 Duncan Akerman** – Silver SP, 5th Disc, **Bradley Marshall** – 4th 110H, 5th LJ, **U20 Belle Leonard** – Gold 100H, Bronze 400H, 4th 100m.

JUNIOR NATIONALS ENTRIES CLOSE FEB 12 AT 9AM

Nationals are at Homebush and run for 5 days from Wednesday March 14 to Sunday March18. Some of our athletes have qualified to compete at these Championships. The qualifying standards are on our notice board and the website. **Call Katie on 0417 240 120 if you have any enquiries.** To enter, go to http://nswathletics.org.au/teams, then NSW State Teams, 2018 Australian Junior Championships. Information on the site includes a Draft Timetable of events and uniform order form.

PROGRESSION FROM REGION TO STATE

See the noticeboard for information on how LA athletes progress to from Region and State. U8's go no further than Region and will receive medals for placing in finals. U9's to U17's can qualify for State which is held at Homebush from Friday March 23 to Sunday March 25.

CONSIDER PRE-BOOKING YOUR P1 PARKING AT HOMEBUSH FOR STATE CHAMPIONSHIPS

This year, parking will be more of a premium than usual as these Championships also fall on the same weekend as the Royal Easter Show, a Bruno Mars Concert; and a major NRL game. Because of this huge demand on parking, P1 will most likely end up being for pre-booked cars only, depending how early you plan to arrive. The cost for this is \$25 per day but it will guarantee a secure parking spot under cover. It is also valid for 24 hours, so if needed, you can leave your car overnight if your accommodation is close-by

but doesn't have available parking. P2 car park will be reserved for the Aquatic Centre and our Championships but with just 550 spaces, it's hard to predict if that will be enough. Only P1, P3 and P4 can be pre-booked (all \$25). If you decide to not pre-book, you will be able to have your ticket validated inside the stadium for just \$15. To book, go to www.sydneyolympicpark.com.au.

ALSO CONSIDER BOOKING YOUR ACCOMMODATION ASAP

If you haven't already, you may like to consider checking out accommodation for State if you think there's a good chance your athletes will qualify. Some venues have a free cancellation policy if you don't end up qualifying. A lot of places are already booked out.

NEW RECORDS FOR JANUARY 20, 2018

Keira McGregorU12 TJ9.76mDuncan AkermanU17 SP13.32mDavid MarshMasters 70-79 Disc24.02m

UPCOMING EVENTS:

Sat 3 Feb Centre Meet

Wed 7 Feb Entries close LA State Multi

Fri 9 – Sun 11 Feb ANSW Junior Championships Homebush

Final chance to qualify for National Junior Champs

Sat 10 Feb Centre Meet

Fri 16 – Sun 18
Fri 23 – Sun 25

ANSW Open Champs & Comm Games Selection Trials - Homebush
LA Region Championships

Mingara, Tumbi Umbi

Sat 24 Feb Centre Meet TBA

BUSINESS OF THE WEEK: Please support the businesses that support us:

Raymond's Wavehouse – is located across the road from our Centre is all things plants and animals. They stock a diverse range of feed and supplies for birds, animals, poultry and stock as well as fencing requirements. There's also a range of home and commercial gardening equipment, fertilizers, sprays, potting mixtures and mulches. For enquiries, call them on 4983 2803 or drop in Monday to Friday from 8am to 5:30pm and Saturdays from 8am till 1pm. You can find their ad on p2 of our Handbook.

Raymond Terrace Bowling Club

Proud to be supporting Raymond Terrace Athletics Centre