

# *Raymond Terrace Athletics Centre*

## *Newsletter 11 December 8, 2018*

[www.raymondterraceathletics.com.au](http://www.raymondterraceathletics.com.au)

Cancellation No: 4983 1407

### TODAY IS PROGRAM 4

#### CANTEEN ROSTER

Our canteen helpers today are: from **9 till 9:45 Fiona Rae** (U8, U10) and from **9:45 till 10:30 – Julie Walter** (U17). We appreciate your assistance.

#### ZONE CHAMPIONSHIPS LAST WEEKEND

What a weekend it was! The weather was rather warm and the track was perfect thanks to Scott and Kristy. We had numerous compliments about the quality of our track and that was reflected in the high number of records that were broken. Despite the heat, our athletes put in their best efforts and came away with some great results. Thanks also to our parents who were there for their duties; and those who also assisted at the BBQ, especially Megan and Michael Moore who spent most of Saturday on the BBQ, still managing to ensure their athletes made it to their events.

#### ZONE PHOTOS

Take a look at some great action photos taken by a Geosnapshot photographer at Zone. Photos are only \$8.95 each. The photographer, who spent all weekend at Zone, is only paid with the sale of his photos. The site is: [https://www.geosnapshot.com/find\\_photos?\\_ga=2.199497198.1579823191.1544072444-1098881195.1544072444](https://www.geosnapshot.com/find_photos?_ga=2.199497198.1579823191.1544072444-1098881195.1544072444) and the password is **PHZ2018**.

#### REFUNDABLE ZONE DEPOSITS

If you did your rostered duty at Zone, you are able to see Barbara today or next week if you would like it returned for Christmas. If your athlete qualified for Region Championships in February, you will need to pay another refundable deposit for that.

#### A RECORD NUMBER OF RECORDS!

We had 45 of our athletes competing at Zone. Our U7 athletes, who don't progress to Region, won 3 Gold, 3 Silver and 2 Bronze medals. Fifteen of our athletes set or broke 22 records; and for the first time, our 4 relay teams each finished 1<sup>st</sup>.to qualify for Region. Our most successful age group was U17's with 6 of them setting or breaking records. **Nathan Swan** and was our most successful athlete overall, setting 3 new records. There were also many personal bests in every age group. Our athletes are to be commended for their behavior, sportsmanship and doing the best they could on the weekend.

#### ZONE RESULTS

**U7 – Mila Clarke** – Silver 70m – 14.57, Silver 200m – 45.41, Bronze 100m – 21.65, Bronze 50m – 10.54, **Charleise Chivers** – 4<sup>th</sup> 100m – 21.77, 4<sup>th</sup> 50m – 11.04, **Boston Maloney** – Gold 100m – 18.85, Gold 200m – 38.80, Gold 70m – 12.72, Silver 50m – 9.52,

**U8 – Branxton Clarke** – 5<sup>th</sup> 400m – 1-33.25, 7<sup>th</sup> 100m – 18.63, 9<sup>th</sup> 200m – 43.95,

**U9 – Jake Moore** – 3<sup>rd</sup> SP – 4.15m, 4<sup>th</sup> 60H – 13.50, 6<sup>th</sup> 100m – 18.88,  
**Kaydence Hostler** – 2<sup>nd</sup> 100m – 16.54 (broke record), 3<sup>rd</sup> 200m – 36.04, 5<sup>th</sup> SP – 4.62m,

**U10 – Bela Clarke** - 3<sup>rd</sup> LJ - 3.33m, 4<sup>th</sup> 400m – 1-25.53, 6<sup>th</sup> 200m – 37.06, 10<sup>th</sup> 100m – 17.52,

**Halo Atkin** – 4<sup>th</sup> 60H – 13.42, 4<sup>th</sup> 70m – 11.79, 5<sup>th</sup> 200m – 36.13, 5<sup>th</sup> 100m – 16.70, 8<sup>th</sup> 100m – 17.12, **Benjamin Vetter** – 2<sup>nd</sup> LJ – 3.60m, 4<sup>th</sup> 60H – 13.62,

**U11 – Ashlyn Wall** – 1<sup>st</sup> HJ – 1.21m, 1<sup>st</sup> 1500m – 5-39.01, 1<sup>st</sup> 800m – 2-50.66, 3<sup>rd</sup> 200m – 31.37, **Dixie Conlon** – 1<sup>st</sup> 200m – 30.75, 1<sup>st</sup> TJ – 8.72m, 1<sup>st</sup> – 60H – 11.07 (new record), **Grace Moore** – 1<sup>st</sup> Jav – 11.70m, 3<sup>rd</sup> 400m – 1-26.9, 3<sup>rd</sup> 100m – 15.89, 4<sup>th</sup> 1500m – 6-53.67, 4<sup>th</sup> 100m – 16.37, **Evie Purukamu** – 2<sup>nd</sup> Jav – 11.56m, 3<sup>rd</sup> 60H – 13.34, 4<sup>th</sup> 200m – 13.35, 5<sup>th</sup> 100m – 16.35, **Cooper McKenna** – 2<sup>nd</sup> 200m – 30.40 (broke record), 2<sup>nd</sup> TJ – 8.34m, 2<sup>nd</sup> 100m – 14.79,

**U12 – Amelia Said** – 2<sup>nd</sup> Disc 19.73m, 4<sup>th</sup> 800m – 2-55.57, 5<sup>th</sup> 400m – 1-16.75, **Sienna Newton** – 1<sup>st</sup> LJ – 4.55m, 1<sup>st</sup> 60H – 11.13, 2<sup>nd</sup> 200m – 30.16, 2<sup>nd</sup> 400m – 1-10.37 (broke record), , **Ashley Vetter** – 1<sup>st</sup> 800m – 2-45.99, 2<sup>nd</sup> 60H – 12.82, 4<sup>th</sup> LJ – 4.11m, 5<sup>th</sup> 100m – 16.31, **Max Haynes** – 1<sup>st</sup> 100m – 14.76, 1<sup>st</sup> 200m – 30.66, 2<sup>nd</sup> LJ – 4.25m, **Hayden Clarke** – 3<sup>rd</sup> Disc – 18.42m 4<sup>th</sup> LJ – 3.71m,

**U13 – Keira McGregor** – 1<sup>st</sup> LJ – 5.29m (new record - 2<sup>nd</sup> placegetter was 1.25m shorter!), 1<sup>st</sup> 100m – 13.28 (new record), 1<sup>st</sup> 100m – 13.43, 2<sup>nd</sup> 200m – 28.40, **Dulshan Heenkenda**- 2<sup>nd</sup> 1500m – 5-50.79, 3<sup>rd</sup> 800m – 2-51.66, 3<sup>rd</sup> 400m – 1-08.66, 6<sup>th</sup> 200m – 31.13, **Kenan McGann** – 3<sup>rd</sup> 80H – 16.62, 5<sup>th</sup> 100m – 14.61, 6<sup>th</sup> 400m – 1-15.49, 7<sup>th</sup> 200m – 31.20, **William Beal-Attwood** – 3<sup>rd</sup> – 200m – 29.72, 4<sup>th</sup> 100m – 14.14,

**U14 – Tyler Clarke** – 1<sup>st</sup> Disc – 33.20m, 1<sup>st</sup> 200H – 32.65, 3<sup>rd</sup> HJ – 1.44m, 4<sup>th</sup> HJ – 1.44m, 4<sup>th</sup> 200m – 28.45, **Cody Hancock** – 2<sup>nd</sup> 90H – 14.73 (broke record), 3<sup>rd</sup> Disc – 30.43m, 3<sup>rd</sup> TJ – 10.76m, 3<sup>rd</sup> 100m – 13.02, **Harper Collins** – 1<sup>st</sup> 200m – 26.05, 1<sup>st</sup> HJ – 1.48m, 2<sup>nd</sup> 100m – 12.81 (broke record), 2<sup>nd</sup> TJ – 10.92m, **Tayla Grimes** 2<sup>nd</sup> SP – 6.44m, 2<sup>nd</sup> LJ – 3.36m, 3<sup>rd</sup> 200m – 33.34, 4<sup>th</sup> 100m – 15.24, **Ebony Newton** – 1<sup>st</sup> 200H – 31.25 (new record), 1<sup>st</sup> 100m – 13.04 (new record), 1<sup>st</sup> 200m – 27.13,

**U15 –Alana Pisch** – 1<sup>st</sup> 300H – 57.24 (new record), 2<sup>nd</sup> 90H – 17.88, 3<sup>rd</sup> TJ – 8.37m, **Chelsea Terranova** – 3<sup>rd</sup> 100m – 15.37, 3<sup>rd</sup> 90H – 18.41, 3<sup>rd</sup> 200m – 31.22, 4<sup>th</sup> TJ – 7.46m, **Dinithi Heenkenda** – 1<sup>st</sup> 800m – 2-51.09, 2<sup>nd</sup> 1500m – 8-30.49, 2<sup>nd</sup> 400m – 1-12.80, 4<sup>th</sup> 200m – 32.75, 5<sup>th</sup> – 7.34m, **Rylee Wall** – 2<sup>nd</sup> 1500m – 8-30.49, 2<sup>nd</sup> 800m – 4-06.40, **Jai Holland** – 1<sup>st</sup> LJ - 5.52m, 2<sup>nd</sup> 1500m – 5-10.45, 2<sup>nd</sup> 3000m – 11-47.57, 3<sup>rd</sup> 800m – 2-43.28,

**U17 – Liam Fairweather** – 1<sup>st</sup> LJ – 6.93m (broke the 2009 record), 1<sup>st</sup> 100m – 11.56 (new record), **Owen Oquendo** – 3<sup>rd</sup> 300H – 48.15, 4<sup>th</sup> LJ – 5.45m, 4<sup>th</sup> 100m – 12.24 (broke record), **Elijah Walter** – 2<sup>nd</sup> HJ – 1.65m, 5<sup>th</sup> 5.16m, **Lachlan Atkins** – 1<sup>st</sup> SP – 9.15m, 6<sup>th</sup> 400m – 1-04.05, **Nathan Swan** – 1<sup>st</sup> 43.67 (new record), 1<sup>st</sup> 400m – 54.83 (new record), 1<sup>st</sup> 800m – 2-11.16 (new record), **Benjamin Edstein** – 1<sup>st</sup> 1500m – 4-47.62, 1<sup>st</sup> 3000m – 10-35.46, 2<sup>nd</sup> 800m – 2-17.33 (broke record), **Thomas Bray** – 1<sup>st</sup> 110H – 16.97 (new record), **Lachlan Atkins** – 3<sup>rd</sup> 110H – 18.77, **Ashley Smith** – 2<sup>nd</sup> TJ – 8.70m, 5<sup>th</sup> Jav – 19.39m, 6<sup>th</sup> 100m – 14.49, 6<sup>th</sup> 200m – 30.34, **Leila Inglis-Monk** – 3<sup>rd</sup> – TJ – 6.46m, 3<sup>rd</sup> Jav – 23.65m, 4<sup>th</sup> Disc – 16.45m, **Amy Summerville** – 2<sup>nd</sup> 3000m – 13-59.48, **Baylee Holland** – 1<sup>st</sup> 1500m – 5-14.53 (new record), 1<sup>st</sup> 800m – 2-21.30 (new record), 2<sup>nd</sup> 400m – 1-01.86 (broke record), 5<sup>th</sup> 100m – 14.00.

**Senior Girls Relay** – Alana Pisch, Keira McGregor, Baylee Holland, Ebony Newton – 1<sup>st</sup> 54.5  
**Senior Boys Relay** – William Beal-Attwood, Cody Hancock, Harper Collins, Liam Fairweather – 1<sup>st</sup> 50.4

**Junior Girls Relay – Halo Atkin, Kaydence Hostler, Sienna Newton, Dixie Conlon – 1<sup>st</sup> 1-02.2**  
**Junior Boys Relay – Jake Moore, Benjamin Vetter, Max Haynes, Cooper McKenna – 1<sup>st</sup> 1-05.2**

#### **CONGRATULATIONS TO DIXIE CONLON**

Well done to Dixie (U11), who has been selected as a reserve for the Trans Tasman Challenge in Sydney in January against the New Zealand team. She competed against some very strong athletes in the Trials at Campbelltown in November in the 800m, HJ, LJ, 100m and 200m and will take part in 2 of the 3 carnivals and is on call in case of injury or illness for the 3<sup>rd</sup>.

#### **RTAC HANDBOOKS AVAILABLE**

Come in and see Deidre or Barbara if you would like a hard copy. There is a full colour copy on our website. Please support the businesses that pay to advertise in it.

#### **WE ARE DOWN TO THE LAST COUPLE OF FUNDRAISING BOXES**

We'd like to finish the boxes before our Christmas break.

#### **ARE YOU A TELSTRA EMPLOYEE?**

From 26 Nov 2018, 10:40am to 02 Dec 2018, 10:40am, eligible\* (a permanent employee who has not received a grant in the last 3 years) Telstra employees will be able to register their interest for a \$1200 Telstra Kids cash grant on behalf of a local school, kinder, library or youth-focused community group. We would be appreciative of a nomination!

#### **NEW RECORDS FOR NOVEMBER 24, 2018**

<b>Nathan Swan</b>	U17 800m	2-07.3
<b>Liam Fairweather</b>	U17 LJ	6.51m

#### **UPCOMING EVENTS:**

Sat 15 Dec	Final Centre Meet for 2018 (Santa comes!)	
Sat 19 Jan 19	First Centre Meet for 2019	
Sat 26 Jan	NO CENTRE MEET	
Sat 2 Feb	<b>Centre Championships Round 2 – No early events</b>	
Sat 9 Feb	NO CENTRE MEET	
Sat 9 & Sun 10 Feb	LA Region Championships	Glendale

**BUSINESS OF THE WEEK:** Please support the businesses that support us:

*Spiral Activewear & Accessories* is one of our new local advertisers. Ann is also a former RTAC athlete. All items are quality locally made to measure using high quality supplex lycra which is great for compression, has stretch recovery and is breathable. Her specialty is leggings and shorts for all ages; and there is a variety of individually designed bags for all occasions. If you are looking for a special Christmas gift or would like something special for yourself, call Ann on 0412 452 027 or check out the website at [www.spiralclothing77.bigcartel.com](http://www.spiralclothing77.bigcartel.com). Her ad is on p10 of our Handbook.

## *Raymond Terrace Bowling Club*

Proud to be supporting Raymond Terrace Athletics Centre