

Raymond Terrace Athletics Centre

Newsletter 13 January 19, 2019

www.raymondterraceathletics.com.au

Cancellation No: 4983 1407

TODAY IS PROGRAM 6

WELCOME BACK!

We hope you all had an enjoyable break (didn't it go fast and SOOOOO HOT!

CANTEEN ROSTER

Our canteen helper today is from **9 till 9:45 - Sarah Bennett** (U8). We appreciate your assistance.

FEBRUARY 2 CANTEEN ROSTER

9 till 9:45 Tracey Lind (U8, U10); and from **9:45 till 10:30 Stuart Gray** (U7, U10, U13, U17)

PLEASE RETURN CHOCOLATE MONEY ASAP

ARE YOU COMPETING AT COUNTRY CHAMPIONSHIPS NEXT WEEKEND?

The draft timetable is on the wall near the canteen or check it on the ANSW website. Track athletes need to go to the check-in point at least 60 minutes prior to your events. Field athletes check in at their event 20 minutes prior to the event. We wish everyone the best of luck.

THE ANNUAL HUNTER TRACK CLASSIC AT GLENDALE FRIDAY JANUARY 25

This is an invitational event to high performance athletes, who have been selected to compete in each of the events on offer for this competition. Gates open 4pm. Tickets \$7 up to U18, Adults \$13 and Gold Reserved seating \$20. Competition commences 5:30pm. It's a great competition to watch and **our own Ryan Marshall will be competing in the Open Triple Jump at 5:30**. The event list and competitors are on the wall or check the ANSW site.

THE HUNTER'S FASTEST KID

This is held during the Track Classic. Age groups are U10, U12, U15 and U17 and are calculated as of 31st December 2018. Go to www.nsw.athletics.org.au/events/calendar for details

NSW MASTERS CHAMPIONSHIPS FEB 8 TO FEB 10

For athletes 30 years plus. Online entries close 9am Jan 30. Go to www.nswathletics.org.au

INTERESTED IN QUALIFYING FOR THE NATIONAL JUNIOR CHAMPIONSHIPS?

You **MUST** compete in at least 1 event at the **NSW Junior Championships** being held Feb 22 to 24 at Homebush and achieve National Entry Standard at one of the qualifying competitions. There is more information on the table on the verandah or on the ANSW website.

NSW JUNIOR CHAMPIONSHIPS FEB 22 TO FEB 24

For athletes born between 2000 and 2007, age groups are from U14 to U20. Online entries close 9am Feb 13. Go to www.nswathletics.org.au

CONSIDER BOOKING YOUR STATE ACCOMMODATION

If you think there is a chance that your athlete will qualify, you may like to consider booking now. Even if it doesn't eventuate, there are always families looking for last minute accommodation. So selling it shouldn't be a problem if you need to.

ROUND 2 CENTRE CHAMPIONSHIPS FEBRUARY 2ND

ELIGIBILITY REQUIREMENTS FOR PRESENTATION DAY AWARDS

There are only **7 scheduled weeks of competition** until the end of the season. Athletes will need to compete at a minimum of 4 of those weeks to be eligible for awards as long as they have also reached eligibility before Christmas. This year the **LA State Championships are a week earlier, on March 16, which is usually our final week of competition.** So as we have done in the past, **we will be back on the 23rd** to finish the season. It will also give us a chance to congratulate our State athletes for their performances.

SEE BARBARA TODAY FOR YOUR REFUNDABLE ZONE DEPOSIT

NEW RECORDS FOR DECEMBER 15, 2018

Keira McGregor	U13 100m	13.2
Keira McGregor	U13 LJ	5.12m
Lucinda Bray	U20 800m	3-01.1

UPCOMING EVENTS:

Thurs 24 – Sun 27	NSW Country Championships	Glendale
Fri 25 Jan	Hunter Track Classic	Glendale
Sat 26 Jan	NO CENTRE MEET	
Wed 30 Jan	Entries close NSW Masters Championships 9am	
Sat 2 Feb	Centre Championships Round 2 – No early events	
Fri 8 Feb – 10 Feb	NSW Masters Championships	Homebush
Sat 9 Feb	NO CENTRE MEET	
Sat 9 & Sun 10 Feb	LA Region Championships	Glendale
Wed 13 Feb	Entries close NSW Junior Championships 9am	
Fri 22 Feb – 24 Feb	NSW Junior Championships	Homebush

BUSINESS OF THE WEEK: Please support the businesses that support us:

Get It Off Men's Barber Shop is located at 31 William St and is open 9 to 5 Monday to Friday and 8 to 11 Saturdays. Trudy offers great cuts for men and boys at a reasonable price, so keep her in mind if you need that back to school haircut. Bookings aren't necessary. Check out the ad on Handbook p16.

King St Confectionery is located opposite the Marriage Trees in King St. They have "heritage sweets with traditional service". All of the chocolates and some lollies such as musk sticks, are handmade on the premises and very yummy! They also have great coffee and outdoor seating. Go and check out their tempting selections over the holidays! Their ad is on p30 of our Handbook.

Raymond Terrace Bowling Club

Proud to be supporting Raymond Terrace Athletics Centre