

Raymond Terrace Athletics Centre

Newsletter 3 September 22, 2018

www.raymondterraceathletics.com.au

Cancellation No: 4983 1407

TODAY IS WEEK 3 PROGRAM

DROUGHT RELIEF RAFFLE DRAWN TODAY

There were quite a few people who missed out on tickets last Saturday as they were still at their winter sport, so we are selling tickets this morning and will definitely be drawing it today. We have over 20 fabulous prizes all donated by local businesses. **Tickets \$2 each or 3 for \$5.**

LOCAL RAFFLE PRIZE DONORS

We appreciate the support of the local prize donors, Coles Medowie, Capital Chemist, Cups 'n Saucers, Hannah's Nails, RT Ten Pin, Terrace Meats, Mr Ho's Chinese Take Away, Deepka Indian Restaurant, Scotty's Cinemas and Domino's Raymond Terrace; and Coast Runners' Shop. We encourage you to support these businesses whenever you can

COAST RUNNERS SHOP IS HERE TODAY FROM 10:00

Check out the website at www.coastrunnersshop.com.au or contact Margaret on **4333 6064** to place an order. She also mails orders without postage charges. **Margaret has kindly donated a prize for today.**

CONGRATULATIONS TO KEIRA MCGREGOR!

At last week's annual Hunter Academy of Sport Presentation evening, Keira was awarded the Outstanding Female in an Individual Sport; and the 2018 Best & Fairest Award for Athletics. This is a well-deserved honour for Keira who had an incredibly successful season. Her dedication and hard work resulted in some outstanding results. Congratulations Keira!

ARE YOU INTERESTED IN COACHING?

If you are interested in learning how to coach an event, please see Katie our Coaching Director.

CANTEEN ROSTER

Our canteen helpers today - **9 till 9:45 Renae Morgan** (U9, U11) and **9:45 till 10:30 - Michelle Marshall (U20)**. Parents will only be required for 1 or maybe 2 times in the season and will be contacted prior to the day. Without your support we will be unable to operate the canteen. **Sept 29 – 9 till 9:45 - Sam Conlon (U11), 9:45 till 10:30 – TBC**

RTAC PENTATHLON OCTOBER 13

Updated entry forms are available on the verandah for our annual Pentathlon. Athletes from as far as Sydney, Singleton and Port Macquarie enter, as well as athletes more local. We ask that you consider entering also. Cost is just \$8 and each of the 5 events is scored according to your performances. Medals are awarded for the first 3 males and females in each age group. It's a lot of fun and you have the opportunity to meet new friends and compete against athletes from other Centres. We still compete in the morning as usual and start the Pentathlon at 1:45pm.

ARE YOU COMPETING AT OUTSIDE COMPETITIONS?

See Deidre with your results if you are competing in outside Championships or competitions. We like to acknowledge the performances of our athletes in the Newsletter. The NSW Combined High Schools Championships and NSW Catholic High Schools have recently been held but we've not heard any results.

CHOCOLATE FUNDRAISER

We still have a good supply of Cadbury boxes. Just call in at the canteen on your way home to collect a box. You have the choice of 50 or 60 chocolates in a box. **The family that sells the most chocolates will receive \$50!**

NEW RECORDS FOR SEPTEMBER 15, 2018

Ashlyn Wall	U11 1100W	7-01.5
Belle Leonard	U20 100H	18.5
Belle Leonard	U20 LJ	5.03m

UPCOMING EVENTS:

Sat 29 Sept	Centre Meet	
Sat 6 Oct	Centre Meet	
Sat 13 Oct	Centre Meet	
Sat 13 Oct	RTAC Pentathlon	1:45pm

BUSINESS OF THE WEEK: Please support these businesses that support us:

Terrace Mowers – is one of our long-term supporters. They not only carry quality mowers at competitive prices, but quality outdoor power products and generators as well. Terrace Mowers are open 6 days per week and are located in Port Stephens St. Don't forget to tell Sue that you are one of our members!

Raymond Terrace Bowling Club

Proud to be supporting Raymond Terrace Athletics Centre