Raymond Terrace Athletics Centre Newsletter 7 November 3, 2018

www.raymondterraceathletics.com.au

Cancellation No: 4983 1407

TODAY IS WEEK 1 PROGRAM

CANTEEN ROSTER

Our canteen helper today - 9 till 9:45 - Joshua Drake

NEED MORE CHOCOLATES?

Don't forget to pick up some more on your way home.

TODAY IS YOUR LAST CHANCE TO ENTER THE PORT HUNTER ZONE MULTI

This competition on next Sunday for U6 to U17's. Entry fees are \$5 for U6s, \$6 for U7 to U17. My apologies for the incorrect fees last week.

CENTRE CHAMPIONSHIPS ROUND 1 IS NEXT SATURDAY

Centre Championships are based on 2 rounds of Competition during our usual Saturday morning. Athletes are awarded points for these 2 rounds based on their performances with a multi event point score. The faster you run, the higher you jump or throw, the more points you earn today. These points are added to the points for Round 2 which will determine the Club Championships in various age groups at Presentation Day. The list of events is on the noticeboard. **Round 2 will be on November 24**. On these 2 days, there are no early events and correct Centre uniform must be worn, including age, athlete number and Coles patches.

SEE BARBARA IF YOU NEED ANY PATCHES

WE NEED YOU AT OUR PENTATHLON ON THE 17TH

We need as many of our athletes at this carnival as possible. Unfortunately, our new date clashes with the Zone Championship in another area and we have lost several athletes from that Zone. Cost is just \$8 and medals are awarded for place getters. **Entries close Wed November 14.** We still compete as usual on the Saturday morning.

FEARNLEY DAWES SUMMER ATHLETICS SERIES FOR U9 TO MASTERS

This series is being held monthly at the Fearnley Dawes Athletics (formerly Newcastle Athletics Field). All ages and abilities are welcome, with entries on the day accepted until 1 hour before the start of each event. The rounds of competition are on Wednesday Nov 14, Dec 12, Jan 9, Feb 13 and Mar 13 from 6pm. Cost is \$5 for up to 5 events. **Information is on the table.**

LITTLE ATHLETICS ZONE CHAMPIONSHIPS ENTRIES (U7'S TO U17'S) AVAILABLE

Zone entry forms are now available on the verandah table. **U6's do not compete at Zone, so you will be able to have a week off!** This year we are hosting the Championships at our field on December 1 and 2.

U7 to U12 Athletes wishing to enter the Championships, can choose up to 4 of their best or favourite events they'd like to enter. U13 to U17 athletes choose up to 6 events. If you are only able to make 1 of the 2 days, just select events from that day.

All families will be rostered to do one duty per athlete during the Championships and are required to pay a **refundable deposit of \$50 per athlete with a maximum of \$100** with their entry form. If you fail to do your duty, you forfeit the deposit and it will be paid to the parent who fills your spot (only if they have already done a duty). If your athlete then qualifies for Region, you will be asked to pay another deposit that will be held until you do your Region duty. The same will apply for athletes who qualify for State Championships.

UPCOMING EVENTS:

Sat 10 Nov Centre Championships Round 1 – NO early events

Sun 11 Nov Port Hunter Zone Multi RTAC

Wed 14 Nov Entries close RTAC Pentathlon

Sat 17 Nov Centre Meet

Sat 17 Nov RTAC Pentathlon 1:45 first call

Sat 24 Nov Centre Championships Round 2 – NO early events

Sat 1 Dec NO CENTRE MEET

Sat 1-Sun 2 Dec LA Port Hunter Zone Championships U7 to U17 RTAC

Sat 8 Dec Centre Meet

Sat 15 Dec Final Centre Meet for 2018

BUSINESS OF THE WEEK: Please support the businesses that support us:

. **Old Farm Nursery** is located just off Grahamstown Rd (around the dam) at 6 Old Farm Rd, Medowie. They specialise in citrus, fruit trees, shrubs and conifers and are open 9 till 4 7 days a week. This is an ideal time to buy farm fresh plants direct from the grower to you. Contact them on 4982 8209 or enquiries@oldfarmnursery,com,au.

Raymond Terrace Bowling Club

Proud to be supporting Raymond Terrace Athletics Centre