

Raymond Terrace Athletics Centre

Newsletter 13 December 7, 2019

www.raymondterraceathletics.com.au

Cancellation No: 4983 1407

TODAY IS WEEK 3

SALLY PEARSON WAS A DELIGHT

Athletes and families alike were excited to have Sally Pearson come for a visit as part of the Coles Big Dreams program with LAA.

CHOCOLATE BOXES

With our 2 cancellations due to the bushfire smoke, we hope a lot of our families are ready for their next box to take home. We'd like to have the last of them taken before more of the warm weather arrives,

LA PORT HUNTER ZONE CHAMPIONSHIPS

Our athletes did a great job against those from the other Port Hunter Zone Centres - Stockton, Port Stephens, Wallsend, Thornton, Woodberry, Tilligerry, Myall Coast, Adamstown-New Lambton; and Medowie, this year's host Centre at our field.

We experienced every weather condition over the weekend, except snow, with initial temperatures 17 degrees until Saturday lunchtime, then wind and light rain before hitting a temperature of over 30 degree on the Sunday. By the end of the weekend, we had again this year finished 1st in the handicap pointscore and second overall.

Forty five of our athletes competed at the Championships Record breakers were Under 8 Paige Matthews, Under 11 Zac Thomson (2), Under 12 Ashlyn Wall, Under 13 Sienna Newton, Under 14 Conor Matthews, Under 15 Cody Hancock, Ebony Newton (2), Under 17 Thomas Bray, Mitchell Lightfoot, Nathan Swan (2).

The Senior Boys relay team (Under 13 to Under 17) consisting of Hayden Clarke, Cody Hancock, Bailey Whiting and Mitchell Lightfoot, finished first and have qualified for Region. The Girls Senior relay team finished 3rd and the Junior Boys (Under 9 to Under 12) came in 4th.

SEE BARBARA TODAY FOR YOUR ZONE DEPOSIT REFUND

If you did your rostered duty at Zone, come in and see Barbara today.

HOW ATHLETES PROGRESS FROM ZONE TO REGION

The first four event places getters will automatically progress to Region. Then a maximum of the four next best qualifiers from each region will also be taken through to Region, making a total of **up to** 16 athletes in each event at each region.

REGION CHAMPIONSHIPS WILL BE HELD AT HUNTER SPORTS CENTRE GLENDALE

These Championships are scheduled for Saturday and Sunday 1st and 2nd February, 2020.

IF YOU ARE NOT ABLE TO COMPETE AT REGION CHAMPIONSHIPS

If you have qualified for Region but know that you will be unable to compete, you need to see barbara our Team Managers Matt Newton or Mark Said as soon as you can so that the next qualifying athlete can compete.

NEW RECORDS FOR NOVEMBER 23, 2019

| | | |
|---------------------------|-----------|----------|
| Mitchell Lightfoot | U17 110H | 14.00 |
| Liam Faiweather | U20 100m | 11.3 |
| Benjamin Edstein | U20 3000m | 10-26.00 |

UPCOMING EVENTS:

| | | |
|-------------------------|---|-----------------|
| Sat Jan 11 | First Centre Meet for 2020 | |
| Fri 17 Jan – Sun 19 | NSW Country Championships | Dubbo |
| Sat 25 Jan – Sun 26 | NSW Combined Championships (Multi) | TBA |
| Sat 1 Feb | NO CENTRE MEET | |
| Sat 1 Feb- Sun 2 | LA Region Championships | Glendale |
| Mon 3 | Entries close LA Combined Events | |
| Sat 8 Feb | Centre Championships Round 2 | |
| Fri 7 - Sun 8 | NSW Masters Champs | Homebush |

BUSINESS OF THE WEEK: Please support the businesses that support us:

Ram is another of our long-term supporters of our Centre and has been in town for 33 years. Their great range of surf and skate gear and jeans is competitively priced; and could solve some of your Christmas present dilemmas. Ram is located in Shop 8 at the Marketplace and you can reach them on 4987 4751.

Raymond Terrace Bowling Club

Proud to be supporting Raymond Terrace Athletics Centre