

Raymond Terrace Athletics Centre

Newsletter 8 December 19, 2020

www.raymondterraceathletics.com.au

Cancellation No: 4983 1407 and RTAC facebook page

TODAY IS WEEK 2 PROGRAM

THIS IS OUR LAST MEET FOR 2020!

Keep your eye out for a jolly character in a red suit about 9:30! We wish all our athletes and families a very happy Christmas and a 2021 that is healthy and much more enjoyable than the challenges of this year. It's been one we won't forget! Thank you also for being part of our Centre this season and taking on the COVID procedures we've had to put in place and for being patient and supportive.

WE HOPE TO SEE YOU BACK ON JANUARY 9, 2021

ENTRIES FOR THE LITTLES STATE QUALIFIER CARNIVAL (U9 to U12) CLOSE TODAY

Athletes need to nominate up to 4 events that they would like to compete in at this meet on Feb 6 & 7. But check the qualifying times and distances to see if they are eligible to enter.

GET YOUR RONALD McDONALD SOCKS TODAY FOR A GREAT STOCKING STUFFER!

Available in child and adult sizes for \$5 each. Your purchase will go to Ronald McDonald House that supports seriously ill children and families.

THE LAST OF OUR PRESENTATION DAY AWARDS WILL BE PRESENTED TODAY

If you missed the day we presented your age group awards, come in and collect yours. Also, we'd appreciate you collecting trophies for friends who haven't been able to collect theirs.

UNIFORMS ARE IN

If you've been waiting for a uniform order, come in and see Barbara to collect it.

HAVE YOU COLLECTED YOUR NUMBERS?

Barbara has quite a few athlete numbers that haven't been collected. These are needed for you to be in correct uniform.

DID YOU BORROW RTAC BLOCKS AND NOT RETURN THEM?

We know there were several athletes who borrowed our blocks for practice and may have forgotten to return them. We need you to bring them in ASAP or call Deidre on 0418 962 185 if you plan to use them over the Christmas break. The cost to replace them comes to over \$700 and we would naturally prefer to spend that amount on new equipment instead of replacing equipment we've already purchased. We would hate to have to stop lending equipment but may need to consider that if the blocks aren't returned.

ATHLETE ELIGIBILITY FOR 2021 PRESENTATION DAY

Don't forget that for athletes to be eligible to receive end of season awards and trophies, they need to have competed at 60% of Saturday meets before Christmas and 60% after. If there are special circumstances such as injuries or family situations, you need to see Barbara so that this can be taken into account. Awards for Centre Championships are also dependent upon reaching eligibility requirements.

NEW RECORDS FOR DECEMBER 12, 2020

Ashlyn Wall	U13 1500m	5-30.9
Joshua Serrett	Open 1500m	4-31.5

UPCOMING EVENTS:

Sat Dec 19	Entries close - the Littles State Qualifier Carnival
Sat Jan 9	First Centre Meet for 2021
Sat Jan 16	Centre Meet
Sat Jan 23	Centre Meet
Sat Jan 30	Centre Meet
Sat 6 – Sun 7 Feb	The Littles State Qualifying Meet - at the new Maitland Track 2pm
Sat 13 Feb	Round 2 Centre Championships – NO early events
Sat 20 Feb	Centre Meet

BUSINESSES OF THE WEEK: Please support these businesses that support us:

Active Diner is Medowie's American 50's Diner, serving, burgers, coffee, great shakes, hot dogs, smoked meats pancakes, cakes and slices. It also now serves Cupcake Espresso and caters for events. The Diner is decked out in American 50's memorabilia and is a great place to meet up with friends. They're open 6 days a week and are at 58 Ferodale Rd, in the Sports and Business Centre. Call them on 0427 820 520 or check out their menu and specials on facebook @activedinermedowie .

Medowie Family & Sports Physio – provides Medowie and Port Stephens with the most current, up to date and best physiotherapy treatment. Mike is a Musculoskeletal Physio. He and Rachel help you move better, feel better and be better. Find them in their new premises on Abundance Rd, just down from Adam's Auto Fix. Call 4981 7999 for an appointment. They're open Mon to Fri from 8:30am to 6pm

Don't forget to stop in at Aussie Pizza on the way home in your uniform. Until 2pm, you can order pizzas from \$6.50. If Michelle isn't there, you may need to remind the staff about the offer she has for RTAC. They're at Shop 7 / 26 Sturgeon St.

Raymond Terrace Bowling Club

Proud to be supporting Raymond Terrace Athletics Centre