

Raymond Terrace Athletics Centre

Newsletter 7 February 26, 2022

www.raymondterraceathletics.com.au

Cancellation No: 4983 1407

TODAY IS WEEK 1 PROGRAM

LAST SATURDAY'S COLES COMMUNITY ROUND

Thanks to those who got into the spirit of the Community Round. Ten athletes and parents were rewarded with a \$10 voucher. It was fun and the junior and senior athletes really enjoyed the banana (orange) race. With a basket carry, the banana shot and discus and the banana relay! Some photos of some of our dressed-up athletes have been added to our facebook.

ORDER OUR NEW HOT FOOD BEFORE GOING ONTO THE FIELD

As mentioned last week, we are now selling some different flavours in pies and sausage rolls. We ask you to order them so that we don't waste any. We now have:

- Beef, bacon and cheese pies - \$3.30
- Chicken and bacon roadies - \$3.30
- Cheese and bacon sausage rolls - \$3.00
- Spinach & ricotta rolls - \$3.00
- Vegetable pastie - \$3.00
- Quiche Lorraine - \$3.30

FINAL LA STATE QUALIFIERS

Congratulations to our 10 State Representatives:

1. **Felicity Denko** - U 10 Long Jump 3.65m, High Jump 1.13m
2. **Paige Matthews** - U 10 60 Metre Hurdles (60 cm) 12.27, Long Jump 3.92m
3. **Audrey Russell** - U 10 1100 Metres Walk 7:07.44
4. **Zane Edwards** - U 13 100 Metres 13.56, 400 Metres 1:01.31, Triple Jump 9.39m, 80 Metre Hurdles (76 cm) 14.27, 200 Metres 27.09
5. **Ethan Morante** - U 13 High Jump 1.35m
6. **Dixie Conlon** - U 14 Long Jump 4.89m, Triple Jump 10.48m
7. **Ashlyn Wall** - U 14 1500 Metres 5:06.85, 800 Metres 2:26.81
8. **Cody Hancock** - U 17 100 Metres 11.28, Long Jump 6.67m, 200 Metres 23.29, Discus (1.5 Kg) 52.83m, High Jump 1.70m
9. **Connor Matthews** - U 17 110 Metre Hurdles (76 cm) 15.78, Triple Jump 12.62m
10. **Ebony Newton** - U 17 100 Metres 12.41, 100 Metre Hurdles (76 cm) 14.96, 200 Metres 25.63.

KUMON LA STATE COMBINED (State Multi) CARNIVAL AT MAITLAND NEXT WEEKEND

First event each day will be at 9am, with first call at 8.30am.

Go to: <https://lansw.com.au/state-multi-event-championships/> for the **MULTI-EVENT SCORING TABLES** and Event List.

ATHLETICS NSW MASTERS CHAMPIONSHIPS AT SOPAC WARM UP TRACK ON MARCH 11 - 13

<https://www.nswathletics.org.au/events/125118/>

UPCOMING EVENTS:

Fri Feb 25 – Sun 27	ANSW Junior & Youth Champs	SOPAC
Sat Feb 26	Centre Meet	
Sat Mar 5 – Sun 6	LA State Combined (Multi) Champs	Maitland
Sat Mar 5	Centre Meet	
Sat Mar 12	Centre Meet	
Sat Mar 19	Centre Meet	
Sat Mar 19 – Sun 20	LA State Championships	SOPAC
Sat Mar 26	Final Centre Meet and Presentation	
Fr 1 Ap – Mon 4 Apr	Aust Masters Championships	Brisbane
Sat 23 Ap – Sun 24 Ap	Australian LA Championships	Melbourne
Tues 26 Apr	AGM & General Meeting 6:30PM	RT Bowling Club

BUSINESSES OF THE WEEK: Please support the businesses that support us: **Check out our annual Handbook in colour on our website – raymondterraceathletics.com.au.**

2nd Time Around is located just up the street from us and is open Mon to Fri from 9:30 to 5pm and Sat from 9 till 12. So why not check out what they have on your way home? They sell quality used furniture for the home or office & do valuations, deliveries & removals. You can reach them on 4983 1848. Their ad is on Handbook p6.

Terrace Tyres is a long-time supporter of our Centre, both in advertising with us and providing raffle prizes. They have provided tyres for the equipment trailer, donated voucher prizes; and they have great prices and service. Not only do they carry quality tyres, but also batteries, shockies and brakes. They are on the old highway just up from McDonalds. Check their ad on p62 of your Handbook.

Raymond Terrace Bowling Club

Proud to be supporting Raymond Terrace Athletics Centre